



If you would like any more information or want to discuss your individual requirements with someone then please contact us.



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CROSS ROADS CARE

North Notts

Guide to our Adult Services



Crossroads Care are the people Carers turn to

Crossroads Care is Britain's leading provider of support for Carer's and the people they care for. Crossroads Care North Notts worked with over 520 family's in 2011/2012, helping carers to make a life their own outside caring. There are some 29,000 people in Nottinghamshire who care for others. Many of these reach a turning point, a crossroads, at which they feel they need help... where they may simply need a break or more regular support. This is what Crossroads Care does.

Did You Know.....???

- **90% of carers in Nottinghamshire admitted their lives have been restricted by the care they provide**
- **55% of carers in Nottinghamshire had emotional problems caused by their caring role**
- **49% of carers in Nottinghamshire had experience of poor physical health**

We provide the special quality of care that allows you peace of mind to let someone else step into your shoes!

Delivering The Right Service For You

- **Assistance with personal care, including bathing / showering**
- **Mobility assistance including hoists transfers**
- **Specialised health care tasks that includes peg feeding, cough assist, and peg/oral and oxygen therapy**
- **Meal preparation and assistance with feeding**
- **Prompting and administering of medication**
- **Domestic services**

91% of our Care Support Workers are trained to NVQ level 3 in Health and Social Care with an additional 7% currently undergoing this training to achieve this qualification.

So whether you are looking for a break or more regular assistance please contact us to discuss your requirements. We tailor all our care packages to your individual needs meaning we can be a truly person centred care agency!